

SUMMARY

Witnessing cultures, handicrafts, different tastes, public and professional artworks from different countries made my faith to the art one can create with his/her own hands even more stronger; Observing how arts can be different, and at the same time similar, not only from a country to another, but also from person to person.

Years of working in professional workplaces, holding individual and group exhibitions, working with different materials and media, all gave my professional life even more variety. As a result, it has been now for about twenty years that I express my ideas and perceptions through various mediums in exhibitions as well as through interior and urban decoration. However, starting a new life in Switzerland (and in a broader sense in the West) has created new feelings, needs, memories, agonies, joys and happinesses which are at once both in contradiction and coordination with my roots in the traditional culture of Iran.

SKILLS

Contemporary art expert

Creative thinker

Freehand sketching master

Mixed-media sculpting master

Conceptual graphist

Understanding of anatomy

Extensive experience in working with different • materials and techniques: •

- Metal
- Clay
- Wood

- String/Thread
- Drawing
- Water color painting
- Miniature
- Calligraphy
- Wood Craving
- Marguetry
- Batik printing
 - Carpet weaving

EXPERIENCE

INDEPENDENT SCULPTOR | 01/2004 to Current **Self-employed** - **Tehran**, **Iran**

- Hand-modeled substances such as metal, clay, wood, etc to form objects ranging from small sculptures to large installations.
- Innovated a new style in sculpturing by combining marquetry and woodcarving.
- Devised illustrations that complied with customer specifications, company standards to fulfill customer project requests.
- Participated in many municipal art acquisition open calls and won many art installation projects

DESIGNER AND EXECUTOR OF SCULPTURES AND RELIEFS | 06/2010 to 10/2014 **Naghshineh Architecture Co.** - **Tehran**, Iran

- Translated client ideas into detailed design by applying technical knowledge and understanding of artistic principals.
- Developed unique concept designs that drove company forward in industry.
- Presented designs to project teams and incorporated changes based on feedback.
- Created schematics of design, components and assembly procedures.
- Met with project owners and clients to assess scope and development timeline.
- Determined styles, size and arrangement of illustrations and graphics.
- Contributed ideas during strategic and conceptual brainstorming sessions.

ART ASSISTANT | 05/2008 to 12/2009 Mohammadi's sculpture studio - Tehran, Iran

- Adapted to established art style of studio for consistency and quality purposes.
- Designed inspiring concept art while maintaining accurate scale and architectural standards.
- Juggled multiple projects and tasks to ensure high quality and timely delivery.

MODEL MAKER | 02/2007 to 11/2007

Dorna Co. - Tehran, Iran

- Analyzed blueprints and technical materials to determine required dimensions, equipment and operational procedures before commencing production.
- Optimized production success by adhering to specifications for constructing accurate molds, parts and tools.
- Provided excellent service and attention to customers when face-to-face or through phone conversations.

ART TEACHER | 09/2004 to 06/2006

Rah e Danesh School - Tehran, Iran

- Encouraged student creativity with motivation, positive feedback and constructive criticism.
- Planned, prepared and delivered instructional activities related to various art mediums.
- Developed lesson plans to teach course materials according to schedule.
- Created positive educational climate to promote student learning.
- Implemented diversified curriculum to meet student performance goals.
- Developed and implemented skill-building activities to build students' abilities.
- Planned field trips to museums, galleries and art exhibitions.

EDUCATION AND TRAINING

Yerevan State Academy of Fine Arts - Yerevan, Armenia Associate of Arts

Drawing And Sculpture, 09/2010

Alzahra University - Tehran, Iran Bachelor of Arts Handicrafts, **02/2004**

ACCOMPLISHMENTS

Wall Sculpture Prize, December 2013

- Combining three different branches of Iranian handicrafts in large quantities.
- My own creative style for wall sculpture in interior decoration. Which is performed by combining three different branches of Iranian handicrafts (embossing, mosaic, emboss on metal), in areas over 15meters.

Winner of City sculpture installed in Tehran, February 2012

- Winner of Sculpture announcement, And installed in city.
- Sculpture made of metal in a four-story complex that marks the four seasons and installed on the Great Highway of Tehran

Winner of City sculpture open call, March 2012

- Winner of municipal open call for city sculpture.
- A statue in memorial to the martyrs of the war.
- Material is metal in 18 meter.

EXHIBITIONS

- 2020-2021 Group Exhibition at Galerie Katapult, Basel
- 2020 (May-June) Solo Exhibition in Ramstein Optik, Basel
- 2018 Solo Exhibition in Ariana Gallery, Tehran
- 2014 Winner of Sculpture announcement, Tehran
- 2014 2 nd Exhibition of Sun Clocks, Tehran
- 2013 Winner of Sculpture announcement, Tabriz
- 2013 Group Exhibition at EXPO, Tehran
- 2012 Winner of Sculpture announcement, Tabriz
- 2012 Winner of Sculpture announcement, Shiraz

- 2012 Winner of Sculpture announcement, Tehran
- 2011 Group Exhibition of Association of Iranian Sculptors, Tehran
- 2011 Wood and Stone Exhibition, Tehran
- 2011 Group Exhibition in Recycled Sculpures, Tehran
- 2010 Annual Exhibition of Association of Iranian Sculptors, Tehran
- 2010 Winner of Sculpture announcement, Isfahan
- 2010 Decoration of Iranian TV Show, Tehran
- 2010 City Biennale and Installation of sculpture, Tehran
- 2010 1 st Exhibition of Sun Clocks, Tehran
- 2009 6 th Exhibition of Small Sculptures, Tehran
- 2008 5 th Exhibition of Small Sculptures, Tehran
- 2008 Group Exhibition of Association of Iranian Sculptors, Tehran
- 2007 4 th Exhibition of Small Sculptures, Tehran
- 2007 Winner of Sculpture announcement, Tehran
- 2006 Pottery of Women Artists, Tehran
- 2006 3 rd Exhibition of Small Sculptures, Tehran
- 2005 Biennale of Pottery and Ceramics, Tehran
- 2005 Group Exhibition of Drawings, Tehran
- 2004 Cultural Heritage Organization, Tehran
- 2004 Group Exhibition of Wall Sculptures, Tehran
- 2002 Women of Islamic Countries, Oman

SPIRITUAL AND SELF DEVELOPMENT TRAININGS

Eurythmy, Goetheanum 2021

According to the precepts of anthroposophic medicine, a human has four aspects
which need to be treated: spirit, soul, life and matter. Eurythmy is one of the practices
said to act on the "life" aspect, and is claimed to effect an improvement of health
related life functions.

Vipassana meditation, Nepal 2017

- Vipassana is a practice that seeks "insight into the true nature of reality", through Morality, mindfulness of breathing and reflection.
- It is one of India's most ancient techniques of meditation which was taught in India more than 2500 years ago as a universal remedy for universal illnesses.

Reiki, Thailand 2016

Reiki is a form of complementary therapy relating to energy healing. It works with the
energy fields around the body and involves the transfer of universal energy from the
practitioner's palms to the client in order to improve the flow of energy around the body
to enable relaxation, relieve pain, speed healing, and reduce other symptoms of illness.

Qigong and Tai Chi, Switzerland 2020

 A system of coordinated body-posture and movement, breathing, and meditation used for the purposes of health, spirituality, and martial-arts training. With roots in Chinese medicine, philosophy, and martial arts, *qigong* is traditionally viewed by the Chinese and throughout Asia as a practice to cultivate and balance "qi" translated as "life energy".

WEBSITES, PORTFOLIOS, PROFILES

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