



# SOLMAZ LIENHARD

ARTIST SCULPTOR

+41-76-200-59-11  
solmaz.lienhard@gmail.com  
www.solmazlienhard.com  
Blochmonterstrasse 17  
4054 Basel, Switzerland

## EDUCATION

### Swiss license for Therapy & Art

Atka Anthroposophical Academy  
for Therapy and Art  
since 2021

### Diploma of Drawing And Sculpture

Yerevan State Academy of Fine Arts  
Armenia-Yerevan  
2009 - 2010

### Diploma of Art

Mahe-Mehr Cultural&Art Institute-  
Tehran-Iran  
Teacher Parviz Tanavoli  
2006 - 2007

### Bachelor of Visual Art

Alzahra University - Tehran, Iran  
2002 - 2005

## LANGUAGE

Farsi English  
Azeri German

## ABOUT ME

I am Solmaz Lienhard, an experienced independent sculptor with an international presence in solo and group exhibitions. Throughout my artistic journey spanning over twenty years, I have explored diverse materials and media to showcase my creativity. My research explores the interplay among human beings, society, and the environment. Through refine techniques and deep introspection, I aim to convey my spiritual encounters authentically.

## WORK EXPERIENCE

2004 to present  
Self-employed  
**INDEPENDENT SCULPTOR**

- Hand-modeled substances such as metal, clay, wood, etc. to form objects ranging from small sculptures to large installations.
- Innovated a new style in wall sculpturing by combining marquetry and woodcarving.
- Participated in many municipal art acquisition open calls and won many art installation project prizes.

06-2010 to 10-2014  
Naghshineh Architecture Co. - Tehran, Iran  
**Sculpture Designer and Executor**

- Developed unique concept designs that drove company forward in industry. presented designs to project teams and incorporated changes based on feedback.
- Created schematics of design, components and assembly procedures.

05-2008 to 12-2009  
Mohammadi's Sculpture Studio - Tehran, Iran  
**ART ASSISTANT**

- Assisted in magnifying small sculptures.
- Model Fiberglass mold sculptures.
- Casted bronze and made of bronze sculptures.

## EXHIBITIONS

- 2023 Exhibition at Inselspitze, Heilbronn, Germany.
- 2022 Performance in HSLU, Luzern, Switzerland.
- 2022 Vigil for WLF movement victims, Theater Basel, Switzerland.
- 2022 Exhibition at ArtMuc, Munich, Germany.
- 2020-2021 Exhibition at Galerie Katapult, Basel, Switzerland.
- 2020 Exhibition at Ramstein Optik, Basel, Switzerland.
- 2018 Exhibition at Ariana Gallery, Tehran, Iran.
- 2014 2nd Exhibition at Sundial event, Tehran, Iran.
- 2013 Exhibition at EXPO, Tehran, Iran.
- 2011 Exhibition at the Association of Iranian Sculptors, Tehran, Iran.
- 2011 Wood and Stone Exhibition, Tehran, Iran.
- 2011 Group Exhibition in Recycled Sculptures, Tehran, Iran.
- 2010 Annual Exhibition at the Association of Iranian Sculptors, Tehran, Iran.
- 2010 City Biennale and Installation, Tehran, Iran.
- 2010 1st Exhibition of Sundial, Tehran, Iran.
- 2009 6th Exhibition of Small Sculptures, Tehran, Iran.
- 2008 5th Exhibition of Small Sculptures, Tehran, Iran.

## ACCOMPLISHMENTS

- Winner of the city sculpture open call for Nowruz, Shiraz, Iran, 2016.
- Winner of the city sculpture open-call for a Nowruz, installed in Tabriz, Iran, 2015.
- Winner of Sundial festival of competition, Tehran, Iran, 2014.
- Winner of the city sculpture open-call for a statue the four seasons (Sculpture made of metal in a four-story complex) installed Tehran, Iran, 2013.
- Winner of the city sculpture open-call, Tabriz, Iran, March, 2012.
- Winner of the city sculpture for a statue in form of a dandelion installed in Tehran, Iran, February, 2012.
- Winner of the city sculpture open-call for an 18 meter statue, in memorial to the martyrs of the Iran-Iraq war, installed in Esfahan, Iran, 2011.
- Winner of snow sculpture competition, Kohrang, Shiraz, Iran, 2008.

## SKILLS

- Organizing an art therapy workshop for young refugees
- Hand-craft art expert
- Freehand sketching.
- Mixed-media sculpting master
- Understanding of anatomy
- Extensive experience in working with different materials and techniques:
  - Metal
  - Clay
  - Wood
  - String/Thread
  - Drawing
  - Water color painting
  - Miniature
  - Calligraphy
  - Wood Craving
  - Marquetry
  - Batik printing

Instagram : <https://www.instagram.com/solmaz.lienhard/?hl=en>

LinkedIn : <https://ch.linkedin.com/in/solmaz-lienhard-7152741b4>



# Portfolio

S O L M A Z  
L I E N H A R D





# Short Bio

---

I am Solmaz Lienhard, an independent sculptor from Iran currently based in Switzerland. With over twenty years of experience, I have showcased my art in both solo and group exhibitions, working with diverse materials and media. After earning my bachelor's degree in Fine Art, I further refined my skills through advanced workshops in various countries.

I am currently in my fourth year of studying Art Therapy.

My work is dedicated to exploring the intricate interplay among human beings, society, and the environment. My research delves into the multifaceted dimensions of this interconnectedness. Through a fusion of refined sculpting techniques, extensive research, and personal insights gained from profound and extended periods of meditation, I aim to authentically manifest my abstract spiritual encounters. My goal is to reveal the invisible forces that all living beings possess.





# Mut übung

---

Inspired by the seven stages of the evolution of the world and humanity, represented by the seven celestial bodies –Saturn, Sun, Moon, Mars, Mercury, Jupiter, and Venus–this piece was constructed over three months using clay. Remarkably, it was destroyed in just one hour. The most significant aspect was the construction process itself and the profound impact it had on me. After the piece was completed, viewers interacted with it, and their impressions and feedback encouraged me to continue my work.



---

mut übung (courage exercise) (0): 2024, Basel, Clay.  
Solmaz Lienhard





# Self-Portrait

My artistic quest revolves around the exploration of the invisible field of force—an inner energy present in every existence. This potent force, often overlooked, holds untapped potentials that we, as individuals, may not always be aware of or able to draw upon. The more we connect with this energy, the more attuned we become to our bodies and environment. And in this process, we enter a more timeless space. These interconnected shapes express the weaving of lives dynamic inner forces. The meeting with these streams is transforming not only my mind but also my entire outlook on life.

Through my artworks, I strive to render this invisible energy tangible, creating interactive pieces – that I can share – and to allow viewers to experience these transformative realities. This process has illuminated the profound connections between individuals, fostering unity for a more peaceful world. Many of my ideas manifest as confrontations, whether within oneself, with society, or within the surrounding space.

Since my last application I discovered a new materiality to express this phenomenon. Which allowed me to dive deeper into this idea of invisible forces. This development culminated in my latest showcase where I expressed the invisible force by blending metal mesh with cement. In this context, metal mesh symbolizes the ethereal world—light and colorful—while cement represents the earthy, heavy, and grounded aspects in gray hues. I believe that a connection with both the earth and cosmos allows one to truly feel the inner energy.



---

self portrait (1): 2023, Basel,  
metal mesh & ceramic  
Solmaz Lienhard



# Prana Trilogy

In my artwork, I draw inspiration from the profound poetry of Rumi, specifically exploring the concept of "dying before dying." Rumi's verses beautifully articulate the journey of breaking free from worldly attachments and embracing true love, symbolizing a spiritual transformation. The mystical vision of self-discovery and unity with vital energy in Rumi's poetry serves as a guiding force for my creative expression.

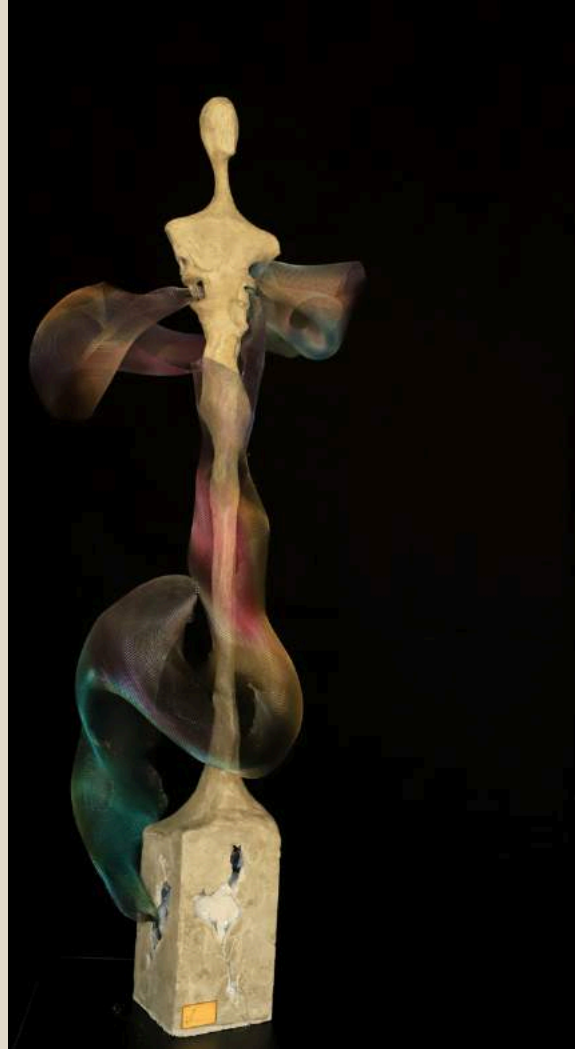
This collection is profoundly shaped by extensive research on Prana(vital) energy within the Buddhist school of thought, as well as dedicated meditative practices that have allowed me to intimately connect with the essence of Prana energy. Each statue in this collection serves as a visual representation of the dynamic flow of vital energy within our body and explores the potential for our spirits to transcend physical limitations. this connection to vital energy is what these two ancient cultures have in common.

---

Prana I (2): 2023, Luzern, metal mesh & cement  
Solmaz Lienhard

---

Prana collection is interactive art. By gently manipulating the magnet positioned around statues, viewers can elicit subtle vibrations within the sculpture, engendering an engaging and tactile experience that invites a deeper connection with the artwork.



Prana I

Prana II



Prana III

---

Prana I,II (3,4): 2023, Luzern, Kunstmesse, metal mesh & cement

Prana III (5): 2023, Copenhagen, metal mesh & cement& mirror  
Solmaz Lienhard





My artistic quest revolves around the exploration of the invisible field of force—an inner energy present in every existence. This potent force, often overlooked, holds untapped potentials that we, as individuals, may not always be aware of or able to draw upon. The more we connect with this energy, the more attuned we become to our bodies and environment. And in this process, we enter a more timeless space. These interconnected shapes express the weaving of lives dynamic inner forces. The meeting with these streams is transforming not only my mind but also my entire outlook on life.

---

Evolution (6): 2023, Copenhagen,  
metal mesh& metal wire, Solmaz Lienhard



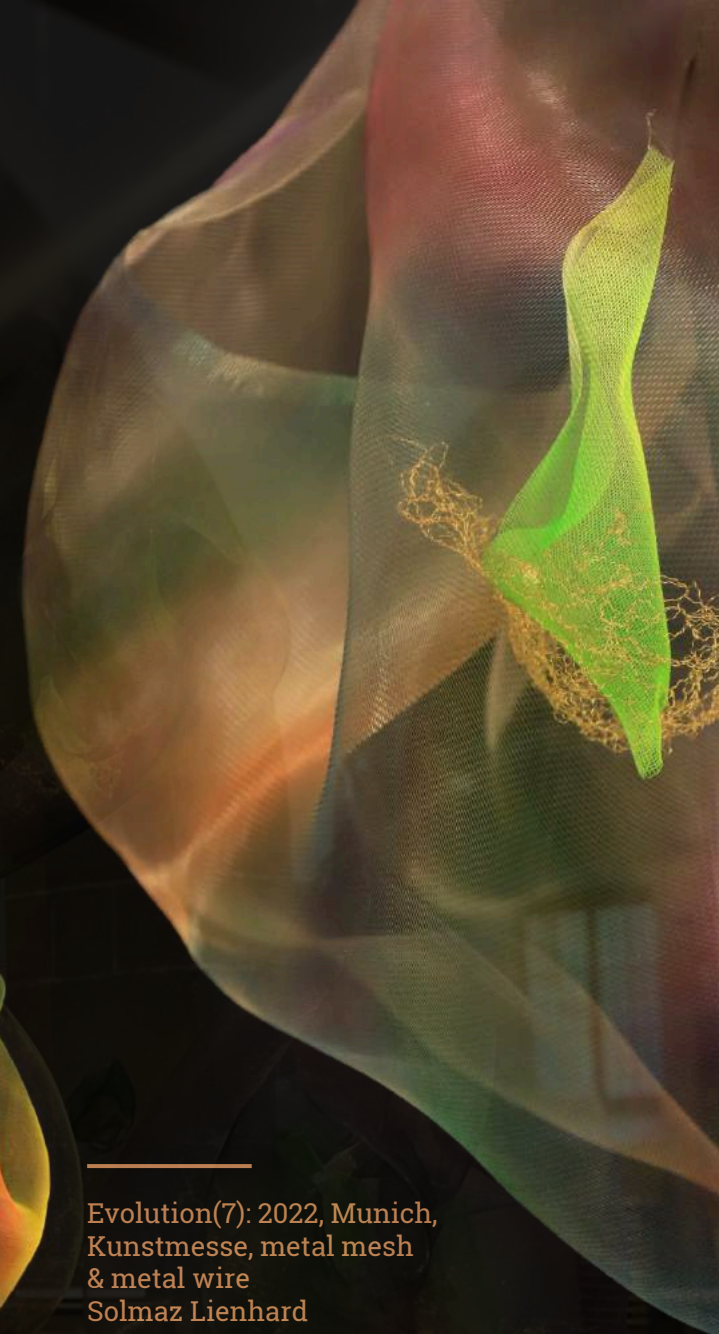



## Evolution

---

As tiny specks in the vast universe, each of us withholds a universe in ourselves. Every change in us has a direct effect on all our organisms, and emits wave of energy to the whole cosmos. When a person transforms in wisdom, it has an impact on all of us. Then evolution will happen.

In my opinion, a human being is a creature with variable and transitory thoughts and feelings. Being aware of these thoughts, Observing and exploring them, can provide us with a new understanding of interconnectedness



Evolution(7): 2022, Munich, Kunstmesse, metal mesh & metal wire  
Solmaz Lienhard



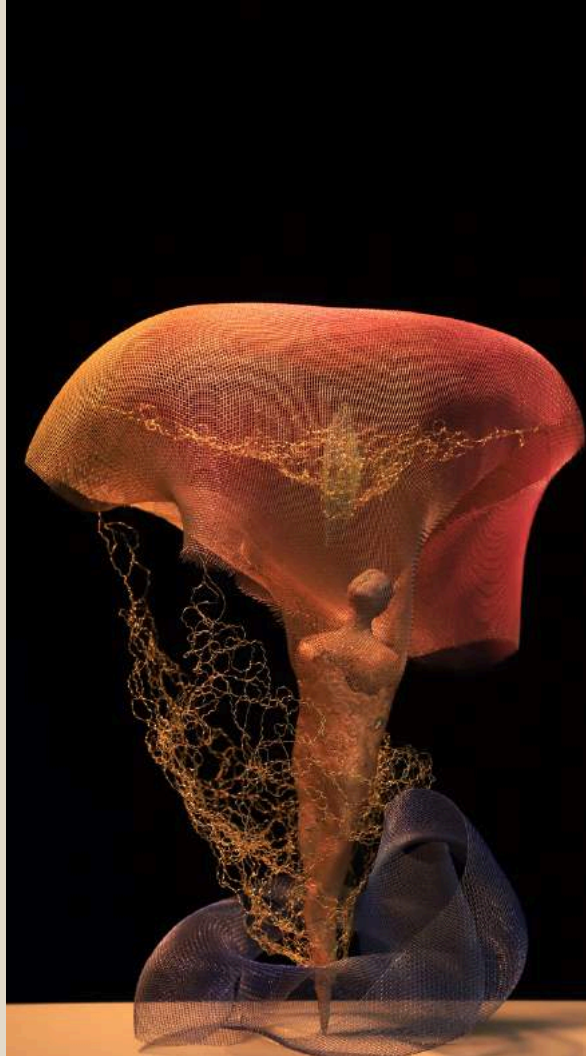
# ReviveI

---

Revive conveys the idea of how inner peace can lead one to connect to the ultimate source of universal energy and liberation. Through all the spiritual experiences that I have had, I believe that this liberation from all mundane brings lightness and timelessness.

---

Revive (Liberation) (8,9): 2022,  
Munich, Kunstmesse,  
metal, mesh & cement & metal wire,  
Solmaz Lienhard



---

Chakra (10): 2022,  
Munich, Kunstmesse,  
metal mesh & cement,  
Solmaz Lienhard





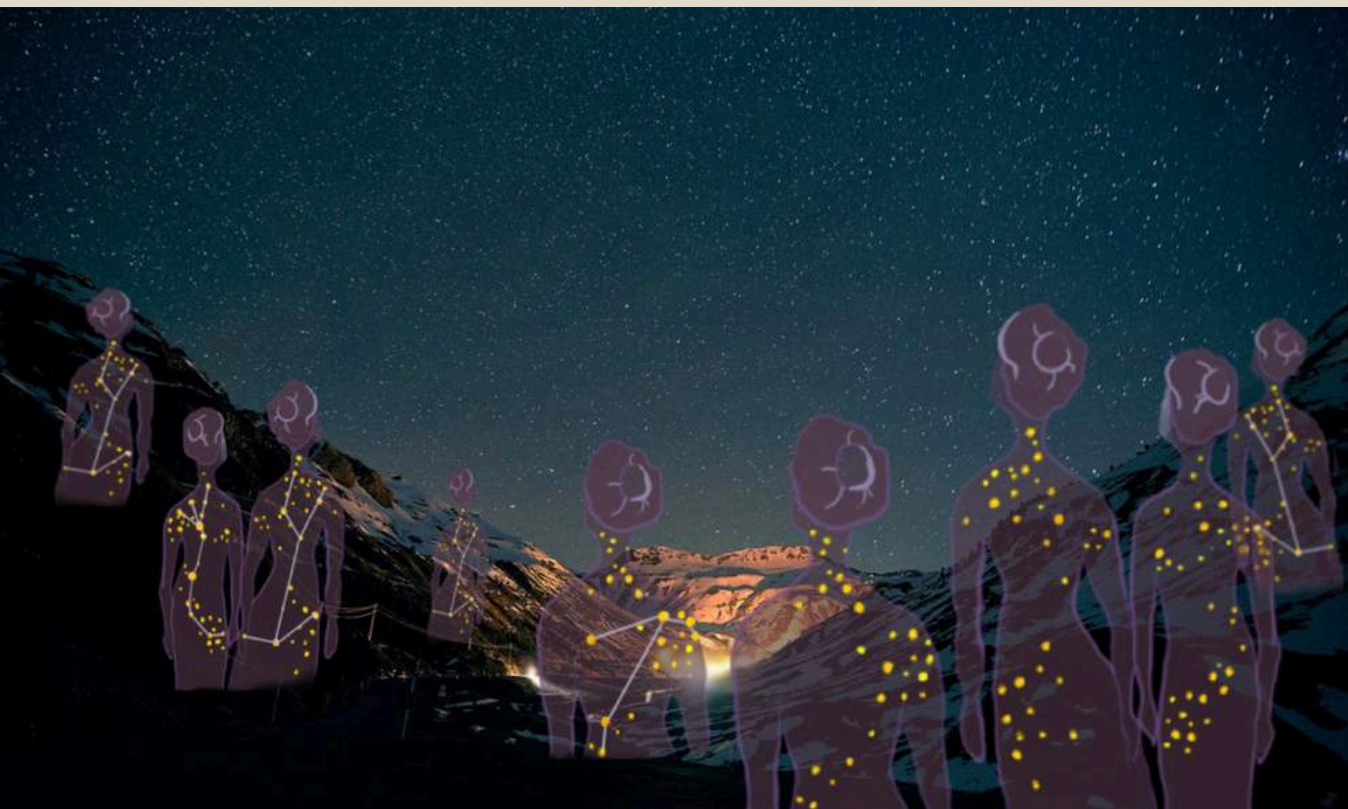
## Dream of freedom

Dream of freedom (11):  
2022, Heilbronn,  
Germany,  
metal mesh & photo  
Solmaz Lienhard

My artwork predominantly reflects the spiritual realm. However, the recent ongoing developments in Iran have exerted a profound influence on every facet of my life, including my artistic endeavors. The volumes I have created serve as a poignant memorial to the victims of the Iranian revolution. My intention is to pay homage to their memory and the dreams that now exist as gentle whispers in the wind.

Today, the entire world has heard their voice, their aspirations, and their legacy. The circular form within my artwork represents global unity and emphasizes the vital role of individuals in the pursuit of freedom. Through genuine global solidarity and national uprisings, we strive to fulfill their hopes and dreams. I had a performance at Luzern FH with same idea also.





## Bullet hole

Bullet hole (12):  
2022, Heilbronn, Germany,  
Draw with hand & computer  
and mix with photo  
Solmaz Lienhard

Last year, Iranian women took to the streets demanding freedom and equal rights, met with brutal force from the government, including the use of metal bullets aimed at their backs and faces. Despite the harsh crackdown, women remain steadfast in leading ongoing protests, enduring violence, imprisonment, and tragic losses. In my latest collection, inspired by their profound resilience, I depict the bullet holes on their backs, drawing a poignant parallel to constellations that have guided humanity through the ages. These works aim to bear witness to the sacrifices and untold struggles of these women, symbolizing their journey from darkness to a future of equality and freedom.

# Revive II

---

Through the liberation experienced via peace, the layers of energy or so-called Aura of individuals purify and reach the greatest shape and color of all time. This is when one revives.

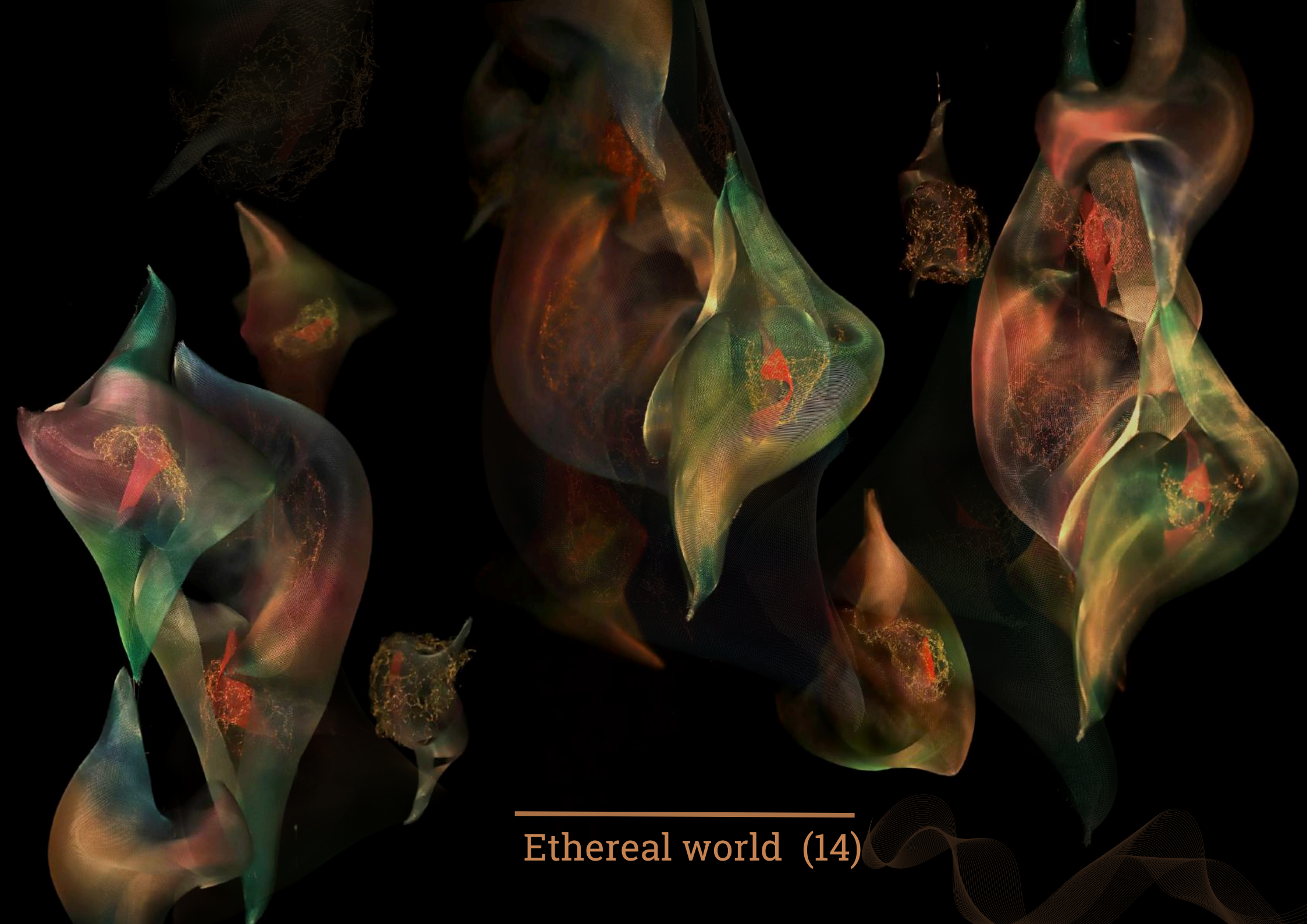
Ideas that enable us to remember our spiritual side and reconnect to the energy of the universe. It involves the recognition of a feeling or sense or belief that there is something greater than myself, something more to being human than sensory experience, and that the greater whole of which we are part is cosmic or divine in nature.



---

Revive (13): 2022 , Heilbronn,  
Germany, metal mesh & cement, Solmaz Lienhard





---

Ethereal world (14)





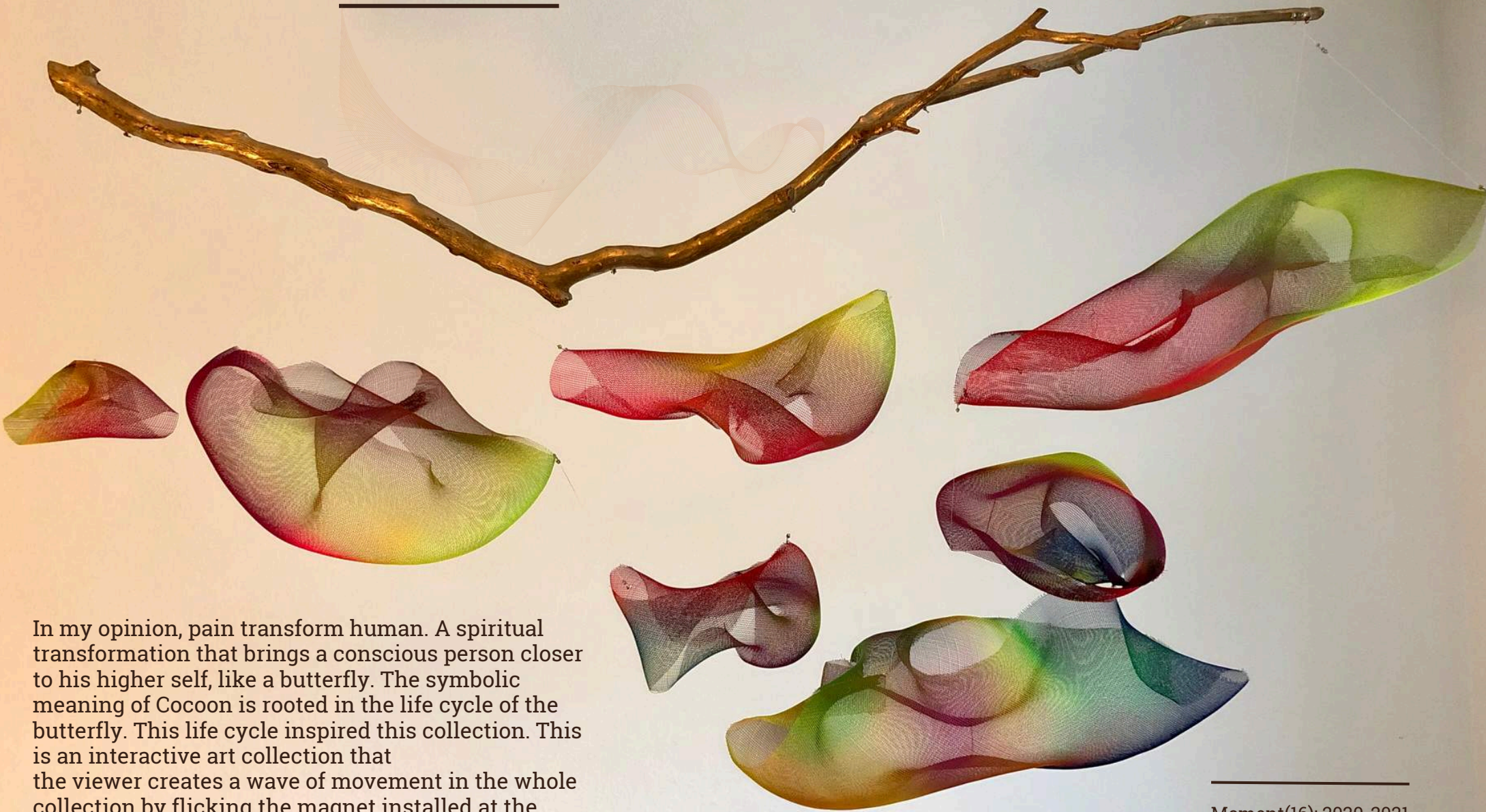
# Moment III

Moment (15): Dec 2020 - Jan 2021,  
Basel, Katapult Gallery, metal mesh,  
Solmaz Lienhard

At the end of 2018, I started a new life in Switzerland. The challenges of starting over in a completely new environment and culture and all the new feelings, once more ringed new bells in my creativity. This period coincided with the coronavirus pandemic, a unique event that affected everyone while showing how connected the world is. All these have led me to the conclusion that I would like to continue working on ideas beyond what is seen by our eyes and received by our limited senses. Ideas that enable us how whole world suffering and shifting.



# Cocoon



In my opinion, pain transform human. A spiritual transformation that brings a conscious person closer to his higher self, like a butterfly. The symbolic meaning of Cocoon is rooted in the life cycle of the butterfly. This life cycle inspired this collection. This is an interactive art collection that the viewer creates a wave of movement in the whole collection by flicking the magnet installed at the bottom of the work. For me, this is a symbol of how an aware person can influence the whole world.

<https://www.dropbox.com/s/cyq79lqj5a2mfin/Cocoon1MP4%20%281%29.MOV?dl=0>

Moment(16): 2020-2021,  
Basel,  
Katapult Gallery,  
metal mesh,  
Solmaz Lienhard,





# Moment II

Moment (17): 2019, Basel, Ramstein Optik,  
Solo Exhibition  
metal mesh, Solmaz Lienhard

The "Moment II" was my first exhibition in Switzerland, which embraced the concept of living in the present moment and observing my thoughts instead of getting lost in them. This practice brought a sense of lightness to both my mind and artwork.

The "Moment II" collection has found a place among the esteemed works exhibited at Rammstein Optics, which features creations by renowned artists such as Giacometti.

<https://www.ramstein-optik.ch/de/ueber-uns/schaufenster/schaufenster-2020/solmaz-lienhard>



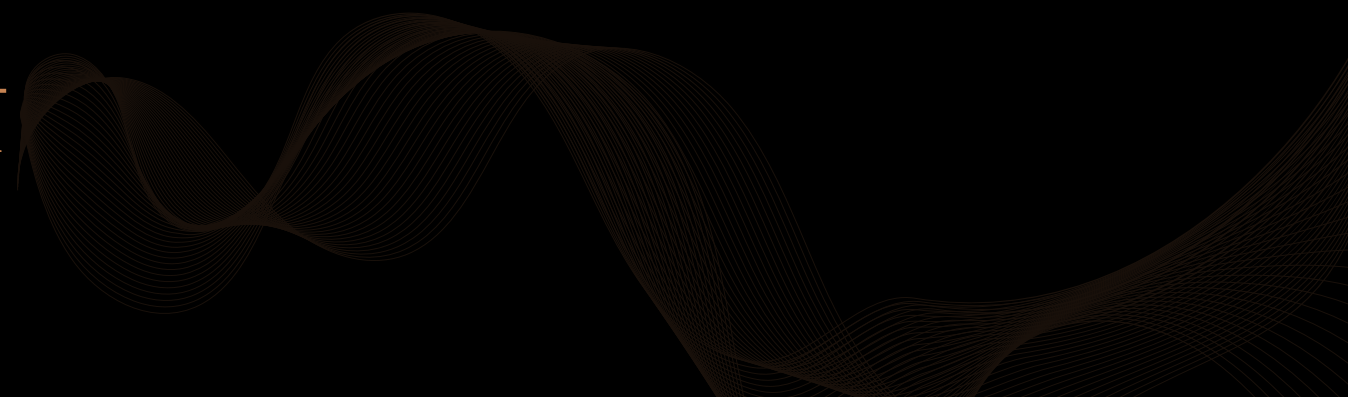


Receiving feedback from the viewers of this exhibition has been immensely rewarding. Many have drawn parallels between the objects in "Moment" collection and natural phenomena from the depths of the ocean or the vast expanse of outer space, such as supernovas. Others have likened them to the intricate patterns captured by biological super-resolution microscopes in the realm of living organisms.

As my work inherently maintains an abstract nature, rooted in my profound emotions, it was truly exhilarating for me to observe the strong correlation between abstract forms and natural manifestations. This revelation highlighted the interconnectedness of the smallest particles, which we have only recently gained the technological capability to observe, with the grandest and most remote entities in the cosmos, as well as the everyday life of deep-sea creatures.

---

Moment (18): 2019, Basel, Ramstein Optik , Solo Exhibition  
metal mesh, Solmaz Lienhard







# Moment I

Moment (19): 2018, Tehran, Iran,  
Ariana Gallery, Solo Exhibition  
metal mesh, Solmaz Lienhard

The "Moment" Collection stands as one of my most acclaimed series, marking the inception of an ongoing artistic odyssey that commenced in 2014 and continues to this day. Initially inspired by my personal encounters with being as a whole in present moment which brings the sensation of weightlessness. The moment and its subsequent collections have been showcased in various prestigious private and public exhibitions.

<https://www.honaronline.ir> بخش-گزارش-تصویری-11/121894-نمایشگاه-آثار-سولماز-لینهارد-در-گالری-آریانا



I made a conscious decision Since 2014, to dedicate the next phase of my artistic endeavours to a bold project in which tend to materialize and share my extensive and profound epiphanies. By acknowledging the personal and unique nature of everyone's spiritual journey. I believed they often intersect in some way, I was aspired to connect with a diverse audience through this collection. In order to embark on this new artistic exploration, I willingly stepped out of my safe and comfortable zone and ventured into uncharted territory.

---

Moment (21): 2018, Tehran, Iran, Ariana Gallery,  
Solo Exhibition, metal mesh, Solmaz Lienhard







## CONTACT ME

Blochmonterstrasse 17  
4054 Basel, Switzerland  
[solmaz.lienhard@gmail.com](mailto:solmaz.lienhard@gmail.com)  
+41-76-200-59-11

